



2600SEG110
MATERIAL HANDLING SAFETY STANDARD

APPENDIX A MATERIALS HANDLING

Maximum manual loads shall not exceed 50 lbs (22.7 Kg)
Women: 44 lbs (20 Kg), with an approximate 10% adjustment
For manual cargo transportation, the weight shall not exceed the weight established on the position description of each worker. No worker shall be demanded to carry out the manual transportation of cargo whose weight may compromise the worker's health or safety.