

Limon Bay, Atlantic Ocean 2026

Times and Heights of High and Low Waters

Station ID: LMB / (9.354983 N/-79.914814 W) / Station type: Harmonic (primary) / Time zone: UTC -5h / Datum: MLW

January				February				March			
Hour	Height			Hour	Height			Hour	Height		
	h	m	ft		h	m	ft		h	m	ft
1	142	0.1	3	16	1027	1.3	40	1	241	0.2	6
Thu	1012	1.6	49	Fri	1945	0.0	0	Mon	1029	1.2	37
	1832	0.0	0					Sun	1757	0.1	3
	2341	0.2	6					Mon			
								Mon	931	1.0	30
								Mon	1714	0.3	9
								Mon	2302	0.6	18
2	224	0.1	3	17	1105	1.3	40	2	11	0.5	15
Fri	1106	1.6	49	Sat	2035	0.0	0	Mon	352	0.3	9
	1930	-0.1	-3					Mon	1125	1.1	34
								Mon	1843	0.2	6
								Mon			
								Mon	326	0.4	12
								Tue	1016	0.9	27
								Tue	1739	0.3	9
								Tue	2355	0.7	21
3	131	0.2	6	18	1144	1.3	40	3	122	0.6	18
Sat	304	0.2	6	Sun	2112	0.0	0	Tue	544	0.4	12
Sun	1203	1.6	49					Tue	1226	0.9	27
	2027	-0.1	-3					Tue	1924	0.3	9
								Tue			
								Tue	529	0.5	15
								Wed	1109	0.8	24
								Wed	1759	0.4	12
4	1258	1.5	46	19	1222	1.2	37	4	222	0.7	21
Sun	2116	-0.1	-3	Mon	2137	0.1	3	Wed	743	0.4	12
								Wed	1341	0.8	24
								Wed	1959	0.3	9
								Wed			
								Wed	41	0.9	27
								Thu	725	0.4	12
								Thu	1215	0.6	18
								Thu	1820	0.4	12
5	1351	1.4	43	20	1300	1.2	37	5	311	0.8	24
Mon	2157	0.0	0	Tue	2154	0.1	3	Thu	919	0.4	12
								Thu	1535	0.6	18
								Thu	2028	0.4	12
								Thu			
								Thu	127	1.0	30
								Fri	854	0.3	9
								Fri	1403	0.5	15
								Fri	1850	0.4	12
6	512	0.6	18	21	1336	1.1	34	6	352	0.9	27
Tue	725	0.6	18	Wed	2208	0.2	6	Fri	1031	0.2	6
	1445	1.2	37					Fri	1700	0.6	18
	2231	0.0	0					Fri	2056	0.4	12
								Fri			
								Fri	215	1.1	34
								Sat	1003	0.1	3
								Sat	1701	0.4	12
								Sat	1933	0.4	12
7	543	0.8	24	22	528	0.7	21	7	427	1.0	30
Wed	929	0.6	18	Thu	841	0.6	18	Sat	1127	0.1	3
	1545	1.1	34		1414	0.9	27	Sat	1752	0.5	15
	2259	0.1	3		2217	0.2	6	Sat	2123	0.3	9
								Sat			
								Sat	310	1.2	37
								Sun	1059	0.0	0
								Sun	1742	0.4	12
								Sun	2023	0.3	9
8	615	0.9	27	23	531	0.9	27	8	459	1.0	30
Thu	1119	0.6	18	Fri	1028	0.6	18	Sun	1214	0.1	3
	1657	0.9	27		1459	0.8	24	Sun	1830	0.5	15
	2324	0.1	3		2225	0.2	6	Sun	2152	0.3	9
								Sun			
								Sun	408	1.3	40
								Mon	1149	-0.1	-3
								Mon	1813	0.4	12
								Mon	2114	0.3	9
9	645	1.1	34	24	550	1.0	30	9	529	1.1	34
Fri	1247	0.5	15	Sat	1201	0.5	15	Mon	1258	0.0	0
	1808	0.7	21		1613	0.6	18	Mon	1900	0.4	12
	2347	0.2	6		2237	0.2	6	Mon	2222	0.3	9
								Mon			
								Mon	504	1.3	40
								Tue	1237	-0.1	-3
								Tue	1844	0.4	12
								Tue	2206	0.2	6
10	715	1.2	37	25	617	1.2	37	10	600	1.1	34
Sat	1400	0.4	12	Sun	1315	0.3	9	Tue	1340	0.0	0
Sun	1908	0.6	18		1804	0.5	15	Tue	1926	0.4	12
					2259	0.2	6	Tue	2252	0.2	6
								Tue			
								Tue	555	1.3	40
								Wed	1323	-0.1	-3
								Wed	1917	0.4	12
								Wed	2302	0.2	6
11	10	0.2	6	26	651	1.3	40	11	631	1.1	34
Sun	744	1.2	37	Mon	1415	0.2	6	Wed	1421	0.0	0
	1504	0.3	9		1908	0.4	12	Wed	1949	0.3	9
	1959	0.5	15		2331	0.1	3	Wed	2322	0.2	6
								Wed			
								Wed	704	1.1	34
								Thu	1500	0.0	0
								Thu	2011	0.3	9
								Thu	2353	0.2	6
12	32	0.2	6	27	730	1.4	43	12	738	1.1	34
Mon	814	1.3	40	Tue	1510	0.1	3	Fri	1537	0.0	0
	1603	0.2	6		1958	0.3	9	Fri	2037	0.3	9
	2047	0.4	12					Fri			
								Fri	107	0.3	9
								Sat	822	1.2	37
								Sat	1532	0.0	0
								Sat	2139	0.6	18
13	54	0.2	6	28	10	0.1	3	13	27	0.2	6
Tue	845	1.3	40	Wed	815	1.5	46	Sat	814	1.1	34
	1658	0.1	3		1603	0.0	0	Sat	1612	0.1	3
	2139	0.3	9		2046	0.3	9	Sat	2113	0.4	12
								Sat			
								Sat	110	0.3	9
								Sun	851	1.1	34
								Sun	1645	0.2	6
								Sun	2204	0.5	15
14	110	0.2	6	29	55	0.0	0	14			
Wed	917	1.3	40	Thu	903	1.5	46	15			
	1753	0.1	3		1658	0.0	0	Sun	345	0.4	12
	2254	0.2	6		2141	0.2	6	Mon	1015	0.9	27
								Mon	1645	0.2	6
								Mon	2343	0.8	24
15	110	0.2	6	30	141	0.0	0	15			
Thu	951	1.3	40	Fri	955	1.5	46	16			
	1848	0.0	0		1755	0.0	0	Mon	528	0.4	12
					2300	0.2	6	Tue	1129	0.8	24
								Tue	1718	0.3	9
				31	227	0.1	3				
				Sat	1049	1.5	46				
					1853	0.0	0				

Source: Panama Canal (HIAM)

Jorge F. Rodríguez C.



New Moon



First Quarter



Full Moon



Last Quarter

Limon Bay, Atlantic Ocean 2026

Times and Heights of High and Low Waters

Station ID: LMB / (9.354983 N/-79.914814 W) / Station type: Harmonic (primary) / Time zone: UTC -5h / Datum: MLW

April				May				June																
Hour		Height		Hour		Height		Hour		Height		Hour		Height										
1 Wed 	h	m	ft	cm	16 Thu	h	m	ft	cm	16 Sat 	h	m	ft	cm	1 Mon	h	m	ft	cm	16 Tue	h	m	ft	cm
	32	0.9	27	637		0.4	12	1	19		1.1	34	755	0.0		0	42	1.2	37		47	1.5	46	
	713	0.3	9	1054		0.5	15	849	0.0		0	6	1.5	46		1001	-0.2	-6	914		-0.2	-6		
	1305	0.6	18	1525		0.3	9	937	-0.1		-3	847	-0.1	-3		1036	-0.2	-6	1707		0.4	12		
2 Thu	115	0.9	27	801	0.2	6	51	1.1	34	6	1.5	46	118	1.1	34	146	1.5	46	1000	-0.2	-6			
	840	0.2	6	1321	0.3	9	937	-0.1	-3	847	-0.1	-3	1036	-0.2	-6	1707	0.4	12						
	1515	0.5	15	1437	0.3	9									1847	0.4	12							
	1820	0.5	15																					
3 Fri	154	1.0	30	36	1.3	40	123	1.1	34	105	1.5	46	155	1.1	34	245	1.4	43	1040	-0.2	-6			
	942	0.1	3	903	0.0	0	1017	-0.1	-3	936	-0.2	-6	1106	-0.2	-6	1740	0.6	18						
	1645	0.5	15												2040	0.5	15							
	1855	0.5	15																					
4 Sat	231	1.0	30	130	1.4	43	158	1.1	34	207	1.5	46	234	1.1	34	345	1.2	37	1115	-0.1	-3			
	1030	0.0	0	955	-0.1	-3	1054	-0.2	-6	1023	-0.2	-6	1131	-0.1	-3	1816	0.8	24						
	1736	0.5	15							1726	0.4	12			2238	0.6	18							
	1933	0.5	15							1907	0.4	12												
5 Sun	308	1.0	30	231	1.4	43	238	1.1	34	310	1.4	43	312	1.1	34	449	1.1	34	1147	0.0	0			
	1111	-0.1	-3	1042	-0.2	-6	1127	-0.2	-6	1108	-0.2	-6	1153	0.0	0	1852	1.0	30						
	1810	0.5	15	1742	0.4	12				1753	0.5	15	1918	0.6	18									
	2011	0.4	12	1940	0.4	12				2030	0.4	12	2053	0.6	18									
6 Mon	346	1.0	30	336	1.4	43	320	1.1	34	410	1.3	40	348	1.0	30	21	0.5	15	556	0.9	27			
	1149	-0.1	-3	1129	-0.2	-6	1159	-0.2	-6	1148	-0.2	-6	1210	0.0	0	1215	0.1	3						
	1836	0.4	12	1805	0.4	12	1914	0.5	15	1830	0.6	18	1913	0.7	21	1928	1.1	34						
	2048	0.4	12	2048	0.3	9	2016	0.5	15	2159	0.5	15	2232	0.6	18									
7 Tue	423	1.0	30	436	1.4	43	401	1.1	34	506	1.2	37	424	0.9	27	145	0.4	12	702	0.7	21			
	1226	-0.1	-3	1214	-0.2	-6	1227	-0.1	-3	1225	-0.1	-3	1222	0.1	3	1241	0.1	3						
	1859	0.4	12	1836	0.5	15	1920	0.5	15	1909	0.8	24	1923	0.9	27	2003	1.2	37						
	2124	0.4	12	2152	0.3	9	2110	0.5	15	2343	0.5	15												
8 Wed	500	1.1	34	530	1.3	40	440	1.1	34	601	1.1	34	19	0.6	18	300	0.3	9	806	0.6	18			
	1301	-0.1	-3	1256	-0.1	-3	1253	0.0	0	1257	0.0	0	501	0.8	24	1306	0.2	6						
	1918	0.4	12	1914	0.6	18	1929	0.6	18	1951	0.9	27	1229	0.1	3	2038	1.3	40						
	2159	0.3	9	2306	0.4	12	2209	0.5	15				1941	1.0	30									
9 Thu 	535	1.1	34	621	1.2	37	516	1.0	30	118	0.5	15	151	0.6	18	409	0.2	6	910	0.5	15			
	1335	-0.1	-3	1335	-0.1	-3	1315	0.0	0	658	0.9	27	545	0.7	21	1329	0.2	6						
	1935	0.4	12	1957	0.7	21	1945	0.7	21	1326	0.1	3	1233	0.2	6	2113	1.3	40						
	2237	0.3	9				2326	0.5	15	2032	1.1	34	2005	1.2	37									
10 Fri	610	1.1	34	32	0.4	12	550	1.0	30	244	0.4	12	313	0.4	12	511	0.1	3	1022	0.4	12			
	1405	0.0	0	711	1.1	34	1331	0.1	3	801	0.8	24	644	0.5	15	1348	0.2	6						
	1956	0.5	15	1410	0.0	0	2006	0.8	24	1352	0.1	3	1241	0.2	6	2148	1.3	40						
	2323	0.4	12	2045	0.8	24				2112	1.2	37	2037	1.3	40									
11 Sat	645	1.1	34	158	0.4	12	100	0.6	18	408	0.3	9	428	0.3	9	610	0.0	0	1158	0.3	9			
	1433	0.1	3	804	1.0	30	625	0.9	27	913	0.6	18	803	0.4	12	1357	0.3	9						
	2022	0.5	15	1442	0.1	3	1342	0.2	6	1415	0.2	6	1256	0.1	3	2224	1.3	40						
				2135	0.9	27	2034	0.9	27	2150	1.2	37	2115	1.5	46									
12 Sun	22	0.4	12	325	0.4	12	233	0.5	15	529	0.2	6	535	0.1	3	707	0.0	0	2259	1.2	37			
	719	1.0	30	906	0.8	24	705	0.8	24	1041	0.5	15	936	0.2	6									
	1455	0.2	6	1509	0.2	6	1347	0.2	6	1432	0.3	9	1318	0.1	3									
	2055	0.6	18	2223	1.0	30	2106	1.1	34	2228	1.2	37	2200	1.5	46									
13 Mon	138	0.5	15	459	0.4	12	406	0.5	15	639	0.1	3	634	0.0	0	804	-0.1	-3	2334	1.2	37			
	756	1.0	30	1026	0.6	18	756	0.6	18	1232	0.4	12	1131	0.1	3									
	1512	0.2	6	1532	0.3	9	1352	0.2	6	1441	0.3	9	1342	0.1	3									
	2135	0.8	24	2307	1.1	34	2144	1.3	40	2303	1.2	37	2252	1.6	49									
14 Tue	307	0.5	15	633	0.3	9	538	0.3	9	739	0.0	0	729	-0.1	-3	856	-0.1	-3						
	837	0.8	24	1210	0.5	15	916	0.4	12	2336	1.2	37	2348	1.6	49									
	1523	0.3	9	1550	0.4	12	1357	0.2	6															
	2219	0.9	27	2345	1.1	34	2226	1.4	43															
15 Wed	452	0.5	15	751	0.1	3	655	0.1	3	832	-0.1	-3	823	-0.2	-6	9	1.2	37						
	931	0.7	21	1427	0.5	15	1127	0.3	9															
	1527	0.3	9	1552	0.4	12	1355	0.2	6															
	2303	1.1	34				2313	1.5	46															

Source: Panama Canal (HIAM)

Jorge F. Rodriguez C.



New Moon



First Quarter



Full Moon



Last Quarter

Limon Bay, Atlantic Ocean 2026

Times and Heights of High and Low Waters

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July				August				September																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																											
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	44	1.2	37		1011	-0.1	-3						124	1.4	43		925	0.0	0		119	1.0	30	406	0.8	24	528	0.6	18	13	0.2	6					1636	0.6	18	956	0.2	6	942	0.3	9	856	0.5	15	624	0.6	18					1917	0.5	15	1729	0.8	24	1705	1.1	34	1642	1.3	40	942	0.5	15								2109	0.7	21	2331	0.4	12				1726	1.3	40	2 Thu	120	1.1	34	17 Fri	223	1.2	37	2 Sun	159	0.9	27	17 Mon	527	0.7	21	2 Wed	9	0.3	9	17 Thu	56	0.1	3	1035	0.0	0	1006	0.3	9	1011	0.3	9	611	0.5	15	657	0.6	18				1713	0.8	24	1740	1.2	37	922	0.4	12	1014	0.4	12				2128	0.6	18	2252	0.6	18	1721	1.4	43	1759	1.3	40	3 Fri	155	1.1	34	18 Sat	333	1.0	30	3 Mon	251	0.7	21	18 Tue	33	0.3	9	3 Thu	56	0.2	6	18 Fri	137	0.1	3	1054	0.0	0	1033	0.1	3	1012	0.3	9	621	0.6	18	726	0.5	15				1747	1.0	30	1741	1.1	34	1039	0.3	9	957	0.3	9	1046	0.4	12				2315	0.5	15				1813	1.3	40	1802	1.4	43	1830	1.3	40	4 Sat	230	1.0	30	19 Sun	457	0.8	24	4 Tue	12	0.5	15	19 Wed	126	0.2	6	4 Fri	139	0.1	3	19 Sat	216	0.1	3	1109	0.1	3	1102	0.1	3	506	0.6	18	704	0.6	18	710	0.5	15	753	0.5	15	1834	0.7	21	1821	1.1	34	1019	0.3	9	1108	0.3	9	1039	0.3	9	1118	0.4	12	2149	0.7	21				1803	1.2	37	1846	1.3	40	1845	1.5	46	1901	1.3	40	5 Sun	306	0.9	27	20 Mon	38	0.4	12	5 Wed	114	0.3	9	20 Thu	214	0.1	3	5 Sat	223	0.1	3	20 Sun	252	0.1	3	1118	0.1	3	610	0.7	21	620	0.5	15	741	0.5	15	741	0.4	12	821	0.5	15	1834	0.9	27	1129	0.2	6	1035	0.2	6	1137	0.3	9	1126	0.2	6	1151	0.4	12	2337	0.6	18	1854	1.2	37	1833	1.3	40	1918	1.3	40	1929	1.5	46	1933	1.3	40	6 Mon	347	0.8	24	21 Tue	146	0.3	9	6 Thu	205	0.2	6	21 Fri	300	0.1	3	6 Sun	306	0.1	3	21 Mon	327	0.2	6	1123	0.2	6	708	0.6	18	705	0.4	12	816	0.4	12	818	0.4	12	851	0.5	15	1846	1.0	30	1156	0.2	6	1102	0.2	6	1205	0.3	9	1217	0.2	6	1226	0.4	12				1927	1.3	40	1909	1.4	43	1950	1.3	40	2015	1.5	46	2004	1.3	40	7 Tue	104	0.5	15	22 Wed	245	0.2	6	7 Fri	252	0.1	3	22 Sat	345	0.1	3	7 Mon	351	0.1	3	22 Tue	400	0.3	9	446	0.6	18	758	0.5	15	744	0.3	9	850	0.4	12	908	0.5	15	929	0.6	18	1127	0.2	6	1222	0.2	6	1139	0.1	3	1231	0.2	6	1313	0.3	9	1309	0.5	15	1907	1.2	37	2000	1.3	40	1950	1.5	46	2023	1.3	40	2104	1.5	46	2037	1.2	37	8 Wed	215	0.4	12	23 Thu	340	0.1	3	8 Sat	340	0.1	3	23 Sun	430	0.1	3	8 Tue	435	0.2	6	23 Wed	430	0.4	12	614	0.5	15	845	0.4	12	823	0.3	9	929	0.3	9	1018	0.5	15	1018	0.7	21	1138	0.2	6	1248	0.2	6	1222	0.1	3	1251	0.3	9	1415	0.4	12	1407	0.6	18	1935	1.3	40	2033	1.3	40	2035	1.6	49	2056	1.3	40	2156	1.4	43	2113	1.1	34	9 Thu	315	0.2	6	24 Fri	432	0.0	0	9 Sun	429	0.0	0	24 Mon	516	0.1	3	9 Wed	519	0.2	6	24 Thu	456	0.4	12	727	0.4	12	935	0.3	9	910	0.3	9	1029	0.3	9	1138	0.7	21	1108	0.8	24	1200	0.1	3	1310	0.2	6	1308	0.1	3	1258	0.3	9	1534	0.5	15	1535	0.7	21	2011	1.5	46	2108	1.3	40	2124	1.6	49	2130	1.3	40	2255	1.2	37	2152	1.0	30	10 Fri	411	0.1	3	25 Sat	525	0.0	0	10 Mon	521	0.0	0	25 Tue	602	0.2	6	10 Thu	603	0.3	9	25 Fri	517	0.5	15	827	0.3	9	1042	0.2	6	1018	0.3	9	2206	1.2	37	1248	0.8	24	1152	0.9	27	1232	0.1	3	1324	0.2	6	1357	0.1	3				1734	0.6	18	1742	0.7	21	2053	1.5	46	2142	1.3	40	2216	1.5	46						2242	0.9	27	11 Sat	504	0.0	0	26 Sun	621	0.0	0	11 Tue	615	0.1	3	26 Wed	647	0.3	9	11 Fri	1	1.1	34	26 Sat	531	0.6	18	928	0.2	6	2218	1.3	40	1155	0.3	9	2244	1.2	37	646	0.4	12	1233	1.1	34	1311	0.1	3				1448	0.3	9				1349	0.9	27	1939	0.6	18	2142	1.6	49	2311	1.5	46	2311	1.5	46				1938	0.6	18	2354	0.7	21	12 Sun	600	0.0	0	27 Mon	719	0.0	0	12 Wed	707	0.1	3	27 Thu	724	0.3	9	12 Sat	126	0.9	27	27 Sun	537	0.6	18	1047	0.1	3	2254	1.2	37	1329	0.5	15	2324	1.1	34	726	0.5	15	1314	1.2	37	1354	0.1	3				1556	0.4	12				1443	1.1	34	2109	0.5	15	2235	1.6	49									2117	0.5	15				13 Mon	657	-0.1	-3	28 Tue	814	0.0	0	13 Thu	7	1.3	40	28 Fri	752	0.4	12	13 Sun	326	0.8	24	28 Mon	1400	1.3	40	1232	0.2	6	2330	1.2	37	755	0.1	3	1533	0.7	21	803	0.5	15	2212	0.3	9	1438	0.1	3				1449	0.6	18	1816	0.7	21	1531	1.2	37				2331	1.6	49	1808	0.6	18						2230	0.3	9				14 Tue	753	-0.1	-3	29 Wed	855	0.1	3	14 Fri	107	1.1	34	29 Sat	7	0.9	27	14 Mon	452	0.7	21	29 Tue	601	0.6	18	1423	0.2	6				836	0.2	6	812	0.4	12	838	0.5	15	631	0.6	18	1521	0.2	6				1545	0.8	24	1518	0.9	27	1613	1.2	37	1452	1.4	43				2026	0.6	18	2027	0.7	21	2027	0.7	21	2326	0.2	6	2301	0.2	6	15 Wed	27	1.5	46	30 Thu	6	1.2	37	15 Sat	222	1.0	30	30 Sun	59	0.8	24	15 Tue	545	0.7	21	30 Wed	601	0.6	18	843	-0.1	-3	923	0.1	3	911	0.3	9	826	0.5	15	910	0.5	15	741	0.6	18	1556	0.4	12				1628	1.0	30	1538	1.0	30	1651	1.2	37	1548	1.4	43	1643	0.4	12				2212	0.5	15	2204	0.5	15				2346	0.1	3					31 Fri	42	1.1	34				31 Mon	240	0.6	18												942	0.2	6					839	0.5	15																			1608	1.1	34																			2315	0.4	12																																																																																							
	1011	-0.1	-3						124	1.4	43		925	0.0	0		119	1.0	30		406	0.8	24	528	0.6	18	13	0.2	6					1636	0.6	18	956	0.2	6	942	0.3	9	856	0.5	15	624	0.6	18					1917	0.5	15	1729	0.8	24	1705	1.1	34	1642	1.3	40	942	0.5	15								2109	0.7	21	2331	0.4	12				1726	1.3	40	2 Thu	120	1.1		34	17 Fri	223		1.2	37	2 Sun		159	0.9	27		17 Mon	527	0.7		21	2 Wed	9		0.3	9	17 Thu	56	0.1	3	1035	0.0	0	1006	0.3	9	1011	0.3	9	611	0.5	15	657	0.6	18				1713	0.8	24	1740	1.2	37	922	0.4	12	1014	0.4	12				2128	0.6	18	2252	0.6	18	1721	1.4	43		1759	1.3	40		3 Fri	155	1.1		34	18 Sat	333		1.0	30	3 Mon		251	0.7	21		18 Tue	33	0.3	9	3 Thu	56	0.2	6	18 Fri	137	0.1	3	1054	0.0	0	1033	0.1	3	1012	0.3	9	621	0.6	18	726	0.5	15				1747	1.0	30	1741	1.1	34	1039	0.3	9	957	0.3	9	1046	0.4	12				2315	0.5	15					1813	1.3	40		1802	1.4	43		1830	1.3	40		4 Sat	230	1.0		30	19 Sun	457		0.8	24	4 Tue	12	0.5	15	19 Wed	126	0.2	6	4 Fri	139	0.1	3	19 Sat	216	0.1	3	1109	0.1	3	1102	0.1	3	506	0.6	18	704	0.6	18	710	0.5	15	753	0.5	15	1834	0.7	21	1821	1.1	34	1019	0.3	9	1108	0.3	9	1039	0.3	9	1118	0.4	12	2149	0.7	21						1803	1.2	37		1846	1.3	40		1845	1.5	46		1901	1.3	40		5 Sun	306	0.9	27	20 Mon	38	0.4	12	5 Wed	114	0.3	9	20 Thu	214	0.1	3	5 Sat	223	0.1	3	20 Sun	252	0.1	3	1118	0.1	3	610	0.7	21	620	0.5	15	741	0.5	15	741	0.4	12	821	0.5	15	1834	0.9	27	1129	0.2	6	1035	0.2	6	1137	0.3	9	1126	0.2	6		1151	0.4	12		2337	0.6	18		1854	1.2	37		1833	1.3	40		1918	1.3	40		1929	1.5	46	1933	1.3	40	6 Mon	347	0.8	24	21 Tue	146	0.3	9	6 Thu	205	0.2	6	21 Fri	300	0.1	3	6 Sun	306	0.1	3	21 Mon	327	0.2	6	1123	0.2	6	708	0.6	18	705	0.4	12	816	0.4	12	818	0.4	12	851	0.5	15	1846	1.0	30	1156	0.2	6	1102	0.2	6		1205	0.3	9		1217	0.2	6		1226	0.4	12						1927	1.3	40		1909	1.4	43	1950	1.3	40	2015	1.5	46	2004	1.3	40	7 Tue	104	0.5	15	22 Wed	245	0.2	6	7 Fri	252	0.1	3	22 Sat	345	0.1	3	7 Mon	351	0.1	3	22 Tue	400	0.3	9	446	0.6	18	758	0.5	15	744	0.3	9	850	0.4	12	908	0.5	15	929	0.6	18	1127	0.2	6		1222	0.2	6		1139	0.1	3		1231	0.2	6		1313	0.3	9		1309	0.5	15		1907	1.2	37	2000	1.3	40	1950	1.5	46	2023	1.3	40	2104	1.5	46	2037	1.2	37	8 Wed	215	0.4	12	23 Thu	340	0.1	3	8 Sat	340	0.1	3	23 Sun	430	0.1	3	8 Tue	435	0.2	6	23 Wed	430	0.4	12	614	0.5	15	845	0.4	12	823	0.3	9	929	0.3	9	1018	0.5	15		1018	0.7	21		1138	0.2	6		1248	0.2	6		1222	0.1	3		1251	0.3	9		1415	0.4	12	1407	0.6	18	1935	1.3	40	2033	1.3	40	2035	1.6	49	2056	1.3	40	2156	1.4	43	2113	1.1	34	9 Thu	315	0.2	6	24 Fri	432	0.0	0	9 Sun	429	0.0	0	24 Mon	516	0.1	3	9 Wed	519	0.2	6	24 Thu	456	0.4	12	727	0.4	12	935	0.3	9	910	0.3	9		1029	0.3	9		1138	0.7	21		1108	0.8	24		1200	0.1	3		1310	0.2	6		1308	0.1	3	1258	0.3	9	1534	0.5	15	1535	0.7	21	2011	1.5	46	2108	1.3	40	2124	1.6	49	2130	1.3	40	2255	1.2	37	2152	1.0	30	10 Fri	411	0.1	3	25 Sat	525	0.0	0	10 Mon	521	0.0	0	25 Tue	602	0.2	6	10 Thu	603	0.3	9	25 Fri	517	0.5	15	827	0.3		9	1042	0.2		6	1018	0.3		9	2206	1.2		37	1248	0.8		24	1152	0.9		27	1232	0.1	3	1324	0.2	6	1357	0.1	3				1734	0.6	18	1742	0.7	21	2053	1.5	46	2142	1.3	40	2216	1.5	46						2242	0.9	27	11 Sat	504	0.0	0	26 Sun	621	0.0	0	11 Tue	615	0.1	3	26 Wed	647	0.3	9	11 Fri	1	1.1	34	26 Sat		531	0.6	18		928	0.2	6		2218	1.3	40		1155	0.3	9		2244	1.2	37		646	0.4	12	1233	1.1	34	1311	0.1	3				1448	0.3	9				1349	0.9	27	1939	0.6	18	2142	1.6	49	2311	1.5	46	2311	1.5	46				1938	0.6	18	2354	0.7	21	12 Sun	600	0.0	0	27 Mon	719	0.0	0	12 Wed	707	0.1	3	27 Thu	724		0.3	9	12 Sat		126	0.9	27		27 Sun	537	0.6		18	1047	0.1		3	2254	1.2		37	1329	0.5	15	2324	1.1	34	726	0.5	15	1314	1.2	37	1354	0.1	3				1556	0.4	12				1443	1.1	34	2109	0.5	15	2235	1.6	49									2117	0.5	15				13 Mon	657	-0.1	-3	28 Tue	814	0.0	0		13 Thu	7	1.3		40	28 Fri	752		0.4	12	13 Sun		326	0.8	24		28 Mon	1400	1.3		40	1232	0.2	6	2330	1.2	37	755	0.1	3	1533	0.7	21	803	0.5	15	2212	0.3	9	1438	0.1	3				1449	0.6	18	1816	0.7	21	1531	1.2	37				2331	1.6	49	1808	0.6	18						2230	0.3	9				14 Tue	753	-0.1		-3	29 Wed	855		0.1	3	14 Fri		107	1.1	34		29 Sat	7	0.9		27	14 Mon	452		0.7	21	29 Tue	601	0.6	18	1423	0.2	6				836	0.2	6	812	0.4	12	838	0.5	15	631	0.6	18	1521	0.2	6				1545	0.8	24	1518	0.9	27	1613	1.2	37	1452	1.4	43				2026	0.6	18	2027	0.7	21	2027	0.7	21	2326	0.2	6	2301	0.2	6	15 Wed		27	1.5	46	30 Thu	6	1.2		37	15 Sat	222	1.0	30	30 Sun	59	0.8	24	15 Tue	545	0.7	21	30 Wed	601	0.6	18	843	-0.1	-3	923	0.1	3	911	0.3	9	826	0.5	15	910	0.5	15	741	0.6	18	1556	0.4	12				1628	1.0	30	1538	1.0	30	1651	1.2	37	1548	1.4	43	1643	0.4	12				2212	0.5	15	2204	0.5	15				2346	0.1	3					31 Fri	42	1.1	34				31 Mon	240	0.6	18												942	0.2	6					839	0.5	15																			1608	1.1	34																			2315	0.4	12				
124	1.4	43	925	0.0	0	119	1.0	30	406	0.8	24	528	0.6	18	13	0.2	6																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																		
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	1935	1.3	40		2033	1.3	40		2035	1.6	49		2056	1.3	40		2156	1.4	43		2113	1.1	34																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
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	2011	1.5	46		2108	1.3	40		2124	1.6	49		2130	1.3	40		2255	1.2	37		2152	1.0	30																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
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	1232	0.1	3		1324	0.2	6		1357	0.1	3						1734	0.6	18		1742	0.7	21																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
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11 Sat	504	0.0	0	26 Sun	621	0.0	0	11 Tue	615	0.1	3	26 Wed	647	0.3	9	11 Fri	1	1.1	34	26 Sat	531	0.6	18																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
	928	0.2	6		2218	1.3	40		1155	0.3	9		2244	1.2	37		646	0.4	12		1233	1.1	34																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
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12 Sun	600	0.0	0	27 Mon	719	0.0	0	12 Wed	707	0.1	3	27 Thu	724	0.3	9	12 Sat	126	0.9	27	27 Sun	537	0.6	18																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
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13 Mon	657	-0.1	-3	28 Tue	814	0.0	0	13 Thu	7	1.3	40	28 Fri	752	0.4	12	13 Sun	326	0.8	24	28 Mon	1400	1.3	40																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
	1232	0.2	6		2330	1.2	37		755	0.1	3		1533	0.7	21		803	0.5	15		2212	0.3	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
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14 Tue	753	-0.1	-3	29 Wed	855	0.1	3	14 Fri	107	1.1	34	29 Sat	7	0.9	27	14 Mon	452	0.7	21	29 Tue	601	0.6	18																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
	1423	0.2	6						836	0.2	6		812	0.4	12		838	0.5	15		631	0.6	18																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
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15 Wed	27	1.5	46	30 Thu	6	1.2	37	15 Sat	222	1.0	30	30 Sun	59	0.8	24	15 Tue	545	0.7	21	30 Wed	601	0.6	18																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
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	1556	0.4	12						1628	1.0	30		1538	1.0	30		1651	1.2	37		1548	1.4	43																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
	1643	0.4	12						2212	0.5	15		2204	0.5	15						2346	0.1	3																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
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Source: Panama Canal (HIAM)

Jorge F. Rodriguez C.



New Moon



First Quarter



Full Moon



Last Quarter

Limon Bay, Atlantic Ocean 2026 Times and Heights of High and Low Waters

Station ID: LMB / (9.354983 N/-79.914814 W) / Station type: Harmonic (primary) / Time zone: UTC -5h / Datum: MLW

October				November				December																										
Hour		Height		Hour		Height		Hour		Height		Hour		Height																				
	h	m	ft	cm		h	m	ft	cm		h	m	ft	cm		h	m	ft	cm															
1 Thu	615	0.6	18		16 Fri	25	0.1	3		1 Sun	37	0.1	3		16 Mon	43	0.1	3		1 Tue	30	0.1	3		16 Wed	3	0.2	6						
	837	0.5	15			655	0.6	18			658	0.7	21			735	0.8	24			727	1.1	34			712	1.0	30						
	1642	1.5	46			912	0.6	18			1026	0.6	18			1007	0.7	21			1252	0.7	21			1214	0.7	21						
						1701	1.3	40			1754	1.5	46			1700	1.2	37			1831	1.1	34			1632	0.9	27						
2 Fri	28	0.1	3		17 Sat	59	0.1	3		2 Mon	113	0.1	3		17 Tue	102	0.2	6		2 Wed	100	0.2	6		17 Thu	9	0.3	9		17 Thu	9	0.3	9	
	636	0.6	18			720	0.6	18			738	0.9	27			747	0.9	27			806	1.2	37			727	1.1	34						
	930	0.4	12			951	0.6	18			1200	0.6	18			1136	0.8	24			1421	0.6	18			1343	0.7	21						
	1733	1.5	46			1734	1.3	40			1845	1.3	40			1733	1.1	34			1937	0.9	27			1716	0.8	24						
3 Sat	110	0.1	3		18 Sun	130	0.1	3		3 Tue	146	0.2	6		18 Wed	118	0.3	9		3 Thu	127	0.3	9		18 Fri	11	0.3	9		18 Fri	11	0.3	9	
	704	0.6	18			742	0.6	18			823	1.0	30			803	1.0	30			846	1.4	43			748	1.3	40						
	1024	0.4	12			1033	0.6	18			1336	0.7	21			1311	0.8	24			1544	0.5	15			1501	0.5	15						
	1820	1.5	46			1805	1.3	40			1938	1.2	37			1806	1.0	30			2047	0.8	24			1812	0.6	18						
4 Sun	150	0.1	3		19 Mon	158	0.2	6		4 Wed	217	0.3	9		19 Thu	127	0.4	12		4 Fri	152	0.4	12		19 Sat	16	0.3	9		19 Sat	16	0.3	9	
	739	0.6	18			805	0.7	21			910	1.1	34			826	1.1	34			925	1.4	43			817	1.4	43						
	1124	0.4	12			1125	0.6	18			1505	0.6	18			1437	0.7	21			1701	0.4	12			1612	0.4	12						
	1907	1.5	46			1836	1.2	37			2040	1.0	30			1843	0.9	27			2206	0.6	18			1924	0.5	15						
5 Mon	229	0.1	3		20 Tue	223	0.3	9		5 Thu	244	0.4	12		20 Fri	129	0.4	12		5 Sat	214	0.4	12		20 Sun	30	0.2	6		20 Sun	30	0.2	6	
	822	0.7	21			829	0.8	24			956	1.3	40			853	1.3	40			1005	1.4	43			852	1.5	46						
	1236	0.5	15			1232	0.7	21			1636	0.6	18			1605	0.6	18			1810	0.2	6			1714	0.3	9						
	1954	1.4	43			1908	1.2	37			2158	0.8	24			1929	0.7	21			2340	0.5	15			2041	0.3	9						
6 Tue	306	0.2	6		21 Wed	244	0.4	12		6 Fri	309	0.5	15		21 Sat	127	0.4	12		6 Sun	230	0.4	12		21 Mon	52	0.2	6		21 Mon	52	0.2	6	
	916	0.8	24			858	0.9	27			1040	1.3	40			926	1.4	43			1044	1.4	43			935	1.6	49						
	1356	0.5	15			1350	0.7	21			1807	0.4	12			1733	0.5	15			1912	0.1	3			1811	0.1	3						
	2046	1.3	40			1940	1.1	34			2334	0.7	21			2039	0.5	15							2205	0.2	6							
7 Wed	341	0.3	9		22 Thu	258	0.4	12		7 Sat	329	0.5	15		22 Sun	125	0.4	12		7 Mon	149	0.5	15		22 Tue	121	0.2	6		22 Tue	121	0.2	6	
	1016	0.9	27			932	1.0	30			1122	1.4	43			1005	1.5	46			218	0.5	15			1023	1.7	52						
	1527	0.6	18			1517	0.7	21			1926	0.3	9			1846	0.3	9			1122	1.4	43			1904	0.1	3						
	2146	1.1	34			2016	1.0	30							2234	0.4	12			2010	0.1	3												
8 Thu	414	0.4	12		23 Fri	305	0.5	15		8 Sun	134	0.6	18		23 Mon	120	0.4	12		8 Tue	1159	1.4	43		23 Wed	5	0.2	6		23 Wed	5	0.2	6	
	1114	1.0	30			1008	1.1	34			340	0.6	18			1049	1.6	49			2104	0.0	0			151	0.2	6						
	1711	0.6	18			1658	0.7	21			1202	1.4	43			1943	0.2	6								1117	1.7	52						
	2301	1.0	30			2103	0.8	24			2029	0.2	6												1956	0.0	0							
9 Fri	446	0.5	15		24 Sat	258	0.5	15		9 Mon	1242	1.4	43		24 Tue	1139	1.7	52		9 Wed	1233	1.3	40		24 Thu	1213	1.7	52		24 Thu	1213	1.7	52	
	1205	1.2	37			1047	1.3	40			2122	0.1	3			2033	0.1	3			2149	0.0	0			2045	0.0	0						
	1857	0.5	15			1841	0.6	18																										
					2223	0.6	18																											
10 Sat	38	0.8	24		25 Sun	234	0.5	15		10 Tue	1320	1.3	40		25 Wed	1235	1.7	52		10 Thu	1306	1.3	40		25 Fri	1309	1.6	49		25 Fri	1309	1.6	49	
	516	0.6	18			1128	1.4	43			2208	0.0	0			2120	0.0	0			2226	0.0	0			2129	0.0	0						
	1252	1.2	37			2004	0.4	12																										
	2026	0.4	12																															
11 Sun	246	0.7	21		26 Mon	1213	1.5	46		11 Wed	1358	1.3	40		26 Thu	1334	1.6	49		11 Fri	1338	1.2	37		26 Sat	443	0.5	15		26 Sat	443	0.5	15	
	548	0.6	18			2102	0.2	6			2248	0.0	0			2205	0.0	0			2254	0.0	0			537	0.5	15						
	1338	1.3	40																							1405	1.5	46						
	2132	0.3	9																															
12 Mon	427	0.7	21		27 Tue	1305	1.5	46		12 Thu	1436	1.3	40		27 Fri	1435	1.6	49		12 Sat	1411	1.2	37		27 Sun	510	0.7	21		27 Sun	510	0.7	21	
	626	0.7	21			2150	0.1	3			2322	0.0	0			2246	0.0	0			2317	0.0	0			750	0.6	18						
	1424	1.3	40																							1504	1.3	40						
	2224	0.2	6																															
13 Tue	523	0.7	21		28 Wed	1404	1.6	49		13 Fri	1514	1.2	37		28 Sat	541	0.6	18		13 Sun	1446	1.2	37		28 Mon	546	0.9	27		28 Mon	546	0.9	27	
	710	0.7	21			2234	0.1	3			2353	0.0	0			738	0.6	18			2336	0.1	3			952	0.7	21						
	1509	1.3	40																							1609	1.2	37						
	2308	0.1	3																															
14 Wed	600	0.7	21		29 Thu	1507	1.6	49		14 Sat	1550	1.2	37		29 Sun	611	0.8	24		14 Mon	718	0.7	21		29 Tue	622	1.1	34		29 Tue	622	1.1	34	
	753	0.6	18			2317	0.0	0								913	0.6	18			840	0.7	21			1146	0.6	18						
	1550	1.3	40														1632	1.4	43			1520	1.1	34			1724	1.0	30					
	2348	0.1	3																															
15 Thu	629	0.6	18		30 Fri	601	0.6	18		15 Sun	19	0.1	3		30 Mon	648	0.9	27		15 Tue	707	0.8	24		30 Wed	659	1.2	37		30 Wed	659	1.2	37	
	833	0.6	18			801	0.5	15			727	0.7	21			1106	0.7	21			1028	0.8	24			1316	0.5	15						
	1627	1.3	40			1608	1.6	49			856	0.7	21			1730	1.3	40			1555	1.0	30			1836	0.8	24						
					2359	0.0	0			1626	1.2	37																						
					31 Sat	624	0.7	21																										
						910	0.6	18																										
						1703	1.5	46																										

Source: Panama Canal (HIAM)

Jorge F. Rodríguez C.



New Moon



First Quarter



Full Moon



Last Quarter